



Prepared with Passion & Flavour


At Prepped Manitoulin we bring passion for flavours. Every dish is made with attention to detail and a love for food. Our passion for quality meals and diverse flavours is what sets us apart and what makes Prepped Manitoulin the perfect fit for your event.

About Our Menu

- We make all of our meals from scratch.
- Menu items can be altered to accommodate allergies or dietary preferences.
- The menu items listed are only a sample of Prepped Manitoulin's full offering; we're happy to include any additional items upon request.
- Menu pricing subject to hst

 @preppedmanitoulin

 13 Manitowaning Rd, Little Current

 705-618-7713

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 info@preppedmanitoulin.ca

 preppedmanitoulin.ca



Gluten-Free Options & Substitutions available

Trays

Meat & Cheese Tray

Small (7-10 people)	\$45 +hst
Medium (10-15 people)	\$52 +hst
Large (15-20 people)	\$67 +hst
X-Large (21-30 people)	\$78 +hst

Vegetable Tray

Small (7-10 people)	\$40 +hst
Medium (10-15 people)	\$45 +hst
Large (15-20 people)	\$60 +hst
X-Large (21-30 people)	\$70 +hst

Fruit Tray

Small (7-10 people)	\$40 +hst
Medium (10-15 people)	\$47 +hst
Large (15-20 people)	\$65 +hst
X-Large (21-30 people)	\$75 +hst

Traditional Sandwich Tray

10 sandwiches (2-3 variations)	\$47 +hst
15 sandwiches (3-4 variations)	\$70 +hst
20 sandwiches (5 variations)	\$90 +hst

Breakfast Tray \$3-\$4/piece

choice of an assortment of berry scones, muffins, lemon loaf, banana bread, etc

Small Bun Sandwich & Wrap Tray


10 sandwiches/wraps (2-3 variations)	\$60 +hst
15 sandwiches/wraps (3-4 variations)	\$90 +hst
20 sandwiches/wraps (up to 5 variations)	\$120+hst

Dessert Tray \$3/piece

choice of an assortment of squares, brownies, bars, mini cheesecakes, cookies, etc

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